

TRC Club Championships Races 2010

Road Races 2010			
	Date	Time	Event
1	Sun 07 February	11:00	Alsager 5
2	Sun 21 March	10:30	Stafford Half Marathon
3	Sun 18 April	11:00	Newcastle 7
4	Sun 25 April	09:30	South Cheshire 20
5	Sun 13 June	10:30	Potters 'Arf
6	Sun 04 July	10:30	Shifnal Half
7	Sun 11 July	10:30	Cheadle 4
8	Thurs 15 July	19:00	JCB 5
9	Sun 08 August	11:00	Meerbrook 15k
10	Sun 22 August	11:00	Leek Half Marathon
11	Sun 05 September	09:30	Wolverhampton Marathon
12	Sat 11 September	15:30	Ipstones 5
13	Sun 10 October	09:30	Congleton Half Marathon
14	Sun 07 November	11:00	Flying Fox 10
15	Sat 27 November TBC	14:00	Cheddleton Xmas Pud 10k

- Best 8 races to count in Road Championship
- Must compete in 4 races to be eligible for an award
- Points allocated by comparing performance against age related standards

Off Road Races 2010			
	Date	Time	Event
1	Sun 07 March	11:00	Cloud 9
2	Sun 28 March	11:00	Milford 21
3	Thurs 15 April	19:00	Spring Treble - Hanchurch Hilly
4	Thurs 22 April	19:00	Spring Treble - Milford Murder
5	Thurs 29 April	19:00	Spring Treble - Kibblestone Clamber
6	Thurs 03 June	19:15	Summer Series - Tittersworth
7	Sat 05 June	14:45	Wincle Trout 5.5
8	Thurs 24 June	19:15	Summer Series - Roaches
9	Thurs 29 July	19:15	Summer Series - Parkhall
10	Sun 15 August	09:30	Belper Rugby Rover 30k
11	Sun 05 December TBC	11:00	Newcastle Dales Dash 10k
12	Sun 19 December TBC	11:00	Christmas Cracker 8m

- Best 6 races to count in Off Road Championship
- Must compete in 3 races to be eligible for an award
- Points allocated according to finishing position for male and female